

Senior Mental Health Lead Training

SMHL Strategic Planning September 2024

Bridekirk Dovenby CE Primary School

	Action	When	Who	Success criteria	Resources
Leadership and management					
1	To revise all policies and ensure all staff are aware and understand procedures to maintain positive mental health and well-being for all children and staff.	Autumn Term 2024	LS & SLT	All policies updated and agreed. Staff & Governors will be aware of updated policies and procedures.	Current policies and new to be written LS to use PPA afternoon to liaise with SLT
2	To develop role of SMHL within school to carry out actions within the SMHL Strategic Plan.	Autumn Term 2024	LS	LS will use time effectively to share knowledge with all staff. LS to lead staff meeting to ensure all staff understand the role and how to utilise this effectively in school.	PPA time Staff meeting time dedicated to MH&WB in school
Ethos and environment					
3	To undertake and achieve the SuperKind Social Impact Schools Award .	Beginning Sept 2024 – July 2025	LS, JF and all staff	All staff will be aware of the SuperKind award and how this can impact MH&WB in school. Children will be aware of the award and work together or independently to carry out pledges and work towards the award. School will achieve the Social Impact Award .	Assembly time and lesson time devoted to introduction of the award and how to achieve it. Resources from Superkind.

Identifying need and monitoring impact					
4	To update the displays in school to reflect the Jigsaw scheme and the SuperKind award.	September 2024 and updated half-termly.	LS with class teachers and TA's.	Displays will be relevant to the unit being taught each half term. Children will be able to discuss what is happening within current teaching of MH&WB. Staff will refer to the displays to ensure MH&WB strategies remain current.	Display materials Time devoted by class teachers and TA's.
5	To ensure MH&WB is maintained through discussions with staff both informally and formally during staff meetings.	Weekly staff meetings	LS to lead	Staff will be ready to discuss any concerns or worries regarding children's MH&WB either with LS or DSL.	Staff meeting time devoted to the area.
Curriculum, teaching and learning					
6	To enable all staff to use the Jigsaw PSHE scheme 'Calm Me' time within lessons to drive discussions.	Sept 2024	LS	CPD discussed as part of Sept INSET day. Staff are aware of CPD on Jigsaw website to use to develop own knowledge.	Sept INSET dedicated time.
Student voice					
7	To ensure regular school council meetings held which actively drive change.	Fortnightly School Council meetings	LS supported by SH / RR as Gvs Other staff may choose to lead a meeting if relevant.	Clear agendas set for each meeting. Role of School Councillors shared with children.	Time set aside within timetable to allow for effective school council meetings and discussion times in class.

8	To enable pupils to be more involved in the development of the curriculum and school systems relating to mental health.	January 2025	LS and Class teachers SLT	Children will be motivated in lessons to discuss what they feel is useful.	Links with School Council to be discussed in meetings.
Staff development					
9	To ensure all staff are aware of CPD within the Jigsaw framework and its accessibility on the school portal. To ensure all staff are aware of all information on the MH&WB at BDS Padlet.	September 2024	LS	All staff will be aware of and know where to find relevant information / CPD. All staff know to contact SMHL regarding any further CPD needs.	Allocated staff meetings
10	To revise the School Workload Policy and engage staff in discussions during PM meetings regarding workload.	January 2025	LS, staff and SLT	Staff will be confident that SLT have their well-being at the centre of their policies regarding workload.	SLT / Gov meetings
Parents, carers and families					
11	To ensure the website and school noticeboards provide information for parents about relevant support and information available to them.	September 2024 and updated half termly.	LS & SLT	Parents know where to find relevant information within the school website. MH&WB newsletter available for parents to access. Parents know who the SMHL is within school and how to contact them with any enquiries.	School website School noticeboard Time for SMHL to update half termly
Targeted support and appropriate referral					
12	To develop all staff's understanding of the processes within school to help	September INSET	LS & DSL	Staff know the procedure to follow to refer a child to our ELSA within school.	

	children who may require support i.e. ELSA referral forms, nurture group etc. To ensure all staff are aware of the referral process for support from outside school for children requiring further support i.e. CAMHS referral forms.			Children will receive the support from our ELSA as soon as is possible. Staff know to follow school procedures including discussions with all parties before a referral to CAMHS should be made.	INSET time dedicated to this
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