Bridekirk Dovenby CE Primary School EYFS Curriculum Goals

Linked to our **whole school** Curriculum Drivers: Community Values Active Adventure Initiative & Independence Possibilities Worldwide

EYFS Curriculum Goals		First milestone	Second milestone	Third milestone	Final milestone	Linked ELG's
Move	To move my own body with good balance and control. *Gross motor activities will be taught using the iPep scheme in line with the rest of school.* iPEP POWERED BY CES PE PLANNER	Children will follow the iPEP scheme of work for Physical Development planning. Children will work towards Pillar 1: Motor competence. Develop controlled motor movements and develop existing competences. -Locomotor skills such as running and jumping. -stability skills such as twisting and balancing. -manipulation skills such as throwing and catching. Children will show development in gross motor movements such as balancing, riding on a scooter and basic balls skills using a large ball. Children will go up and down steps or stairs using alternate feet. Children use large-muscle movements to wave flags, ribbons or streamers, and paint or make marks on large floor paper. Children choose how they wish to move judging the best movements to make. For example to choose whether to walk, crawl or run across a plank. Children can skip, hope or stand on one leg and hold a pose in a game like musical statues. Children can make snips in a piece of paper using scissors using one hand. Children will be eating independently and beginning to use a knife and fork correctly. I can take part in PE lessons, learning to take turns and follow instructions.	Children will follow the iPEP scheme of work for Physical Development planning. Children will work towards Pillar 2: Rules, Strategies and Tactics such as the how, when and where to move. Children can work with others to manage a large piece of equipment such as a plank with adult supervision. Children will begin to take part in group activities in their play which they have made up by themselves. Children begin to choose the correct resources for their chosen activity. Children can experiment with different shapes or jumps during Gymnastics lessons. Children will experiment with different ways of rolling during Gymnastics lessons. Children can travel across the floor in different ways such as sliding, stretching etc, in Gymnastics lessons. Children will be able to show a short sequence: start shape, a roll and an end shape during a Gymnastics lesson. Children will be increasingly independent as they get dressed and undressed such as putting on their coat and doing up the zip. Children will use their core muscle strength to achieve good posture when sitting at a table or sitting on the floor. I can take part in PE lessons, understanding and explaining my successes.	Children will follow the iPEP scheme of work for Physical Development planning. Children will work towards Pillar 3: Healthy Participation. Children will make connections between their knowledge of health and how it applies to physical activity. Children will understand more about how the body works and understand the relationship between activity and the effect on our bodies. Children will begin to progress towards a more fluent style of moving, developing control and grace in Dance lessons. Children can move in time to happy and sad music, or as different characters in Dance lessons. Children will experiment with different ways of moving and with actions at different levels in Dance lessons. Children will experiment with different ways of balancing in Dance lessons. Children are increasingly able to use and remember sequences and patterns of movements, which are related to music and rhythm. Children will experiment with different ways of moving around the pitch/hall. Children will experiment with different ways of throwing a ball using their co-ordination. Children will begin to work as part of a team, taking turns and encouraging each other. Children will develop their fine motor skills when using a range of tools competently such as; pencils, crayons, knives, forks and spoons. I can talk about the effects and benefits that exercise has on my body.	Children will follow the iPEP scheme of work for Physical Development planning. Children will develop confidence, competence, precision and accuracy when engaging in activities that involve a ball. Children will march / run with co-ordination. Children will experiment with different ways of throwing, overarm and underarm. Children will experiment with different ways of jumping measuring with different equipment. Children will work with friends as a team – taking turn effectively. Children will confidently and safely, use a range of small and large scale apparatus indoors and outdoors; alone or in a group. Children will develop overall body strength balance, co-ordination and agility. Children will develop the foundations of a secure handwriting style in following the school Debbie Hepplewhite scheme. Children's handwriting style will becoming faster, more accurate and more efficient,	**Physical Development:** Gross Motor Skills -Negotiate space and obstacles safely and with consideration for themselves and others. -Demonstrate strength, balance, and co-ordination when playing. -Move energetically, such as running, hopping, dancing, jumping, climbing skipping. **Physical Development:** Fine Motor Skills -Use a range of small tools, including scissors, paintbrushes and cutlery.

I can use my body to perform a sequence of moves during a multi-skills festival.