

Shine Together ☆☆☆

Issue 67

Our School Motto: Work Together, Aim High, Shine Bright



Attendance this week: 94.4% 😞

8th May '26

Tag Rugby Festival Winners! – Years 5 & 6 stormed to victory this week winning all their matches and coming out top of the local primary schools. Well done everyone!



NSPCC Assembly – Please ask your children about the NSPCC assemblies that were held today in KS1 and KS2. We talked about the importance of trusted adults and being able to 'Speak Out, to Stay Safe'. KS1 were read the PANTS story and watched the NSPCC Speak Out, Stay Safe video. A Pantosaurus video is here [Bing Videos](#). The children were also taught the number for Childline and how they may be able to support them or a friend, in the future. Different types of inappropriate behaviour, including bullying, neglect and physical abuse were described in an age-appropriate format. More information can be found on the NSPCC website here [Speak out Stay safe | NSPCC Learning](#).



Golden Certificates...

Golden Jumpers this week were not awarded this week due to the NSPCC Assembly.

All our latest information is on our website here: [Latest News | Bridekirk Dovenby CE Primary School](#)

DATES FOR YOUR DIARY

11th – 14th May – Yr6 SATS

Tues 12th – Guitar lessons

Tues 12th – Yr2 French Club 3.15-4.15pm for those signed up with Emily the Language Tutor

Tues 12th – Yr5/6 to 4pm Athletics after school club for those signed up on Arbor

Wed 13th – Yr3 to 4.15pm Cookery Club after school club for those signed up on Arbor

Fri 15th May - Woodwind lessons

Looking ahead...

18th – 22nd May – P3 Swimming

18th May – first Nourish workshop

21st May 6pm – Full Governors' Meeting

22nd May – Break the Rules Day (see poster below)

8th June - Yr3 & Yr4 trip to Beamish

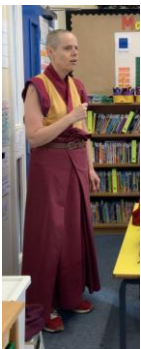


Latest News

Uniform – Mrs Fish carried out a uniform inspection this week. Uniform was mostly in line with our policy, but please can you help us to address the following:

- Nike Pro leggings and shorts (or similar), should only be worn on PE days.
- School shoes – These should be black shoes or black, trainer-type school shoes. Any other colourful shoes/boots should not be worn.
- Trainers – only on PE day please.
- Earrings – no dangly earrings or hoops. Studs only - thank you.

Pre-loved Uniform – There is plenty of free pre-loved uniform in reception if you need anything.



Buddhist nun visits school –

Kelsang Lhachog visited P5 yesterday to talk to them about her life as a Buddhist nun. Her name means 'Fortunate One Supreme Attendant'. She was born in Workington and spent some time travelling before becoming interested in

Buddhism. After 10 years of training, she was ordained in the Buddhist temple in Ulverston. She led the children through a meditation session where they tried to clear their minds. The children had lots of questions for Lhachog who was impressed with their enquiring minds.



Bridekirk Dovenby 10km Race - 1 week to go!

Please help us to spread the word about the race by sharing our Facebook Page link here [Bridekirk 10k I Cockermouth](#) and if you can, come out on Saturday 16th May to support the runners along the route from 11am (details in last week's newsletter). You can still enter up to Friday 15th May here; [Events Up North - Entry System & Race Timing Solutions - Bridekirk Dovenby 10K](#). **We need a tail runner/fast walker to run at the back of the race. If this could be you, please get in touch.**

Arbor Notifications – Over the next 2 months, we will be phasing out school text messages. These will be replaced by Arbor's In-App messages. For this to work, we kindly ask that you all enable Notifications on Arbor if you haven't already. This will most likely be in your phones Settings, the Apps, select Arbor, and then find the 'Notifications' section.

Arbor Consents – Some people haven't completed the Consents on Arbor. You only need to work through these once, then they will disappear from your child's home screen/Notices and therefore make it easier to navigate the App.

Sir David Attenborough's 100th Birthday – P3 celebrated this remarkable occasion today by making wildlife pictures, looking at nature in the sensory garden, making party hats and of course, eating birthday cake! See pictures below 😊

FOBDS Corner – The next time we will get together will be helping out at the school's 10km race on Saturday 16th May. If you would like to help our team, please get in touch.

Our Christian Vision:

At Bridekirk Dovenby School, we nourish the uniqueness of our community. Rooted in love, a rich and diverse curriculum enables all to flourish and grow. Confident and secure, our children reach out, ready to embrace the seasons of life in all its fullness.

Psalm 1 "They are like trees, planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all they do, they prosper."





BREAK THE RULES DAY!

FRIDAY 22nd MAY

BE HAPPY -
BREAK A
RULE!



- | | | |
|----|--------------------------------|-----|
| 1 | Wear non-uniform | £2 |
| 2 | Wear Own Clothes | £1 |
| 3 | Bring a small toy | 50p |
| 4 | Crazy hair | 50p |
| 5 | Mix up your socks | 50p |
| 6 | Be happy | 50p |
| 7 | Have fun breaking the rules! | 50p |
| 8 | Bring in a Small Teddy | 50p |
| 9 | Wear slippers in the classroom | 50p |
| 10 | Break all the Rules for £5! | |

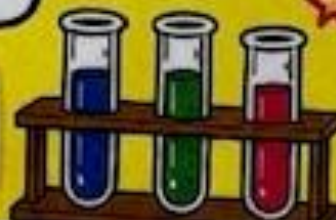
★ All money raised will go towards new science resources.



★ This will help us to continue teaching our exciting, hands on lessons!



PLEASE HAND MONEY TO CLASS TEACHER ON THE DAY IN A NAMED ENVELOPE WITH A LIST OF RULES BROKEN ON THE DAY.



75% of the world's main food crops rely on insects like bees, wasps, flies, butterflies, beetles and moths for pollination.

Over 50 species of animals and plants have been named after Sir David Attenborough — including: *Acisoma attenboroughi* ... a dragonfly, *Euptychia attenboroughi* ... a butterfly, *Attenborougharion rubicundus* ... a bright red and green snail!

UK flying insects have declined by 60% in the last 20 years. Insects are struggling — but you can help!



**Cultivate your curiosity
Ignite your inquisitiveness**

To celebrate Sir David Attenborough's 100th birthday 🎂, try on his 'curiosity cap' and ignite your inquisitiveness about the insects flying around you!

What insects can you spot fluttering, humming, buzzing, hovering, flitting? Is it a butterfly or moth, a wasp or a bee, a fly, a hoverfly or even a daddy long-legs?

Insects are struggling with less wild space, increased use of chemicals, and the droughts and storms that come with climate change. Give insects a hand with mini meadows in flower pots, herbs on a windowsill, a 'puddling station' saucer of water, or a wild 'messy' patch?

Flying Insects challenge!



Red Admiral butterfly

YOUNG CLIMATE WARRIORS

When you've completed this challenge ... Remember to hit the red button!



🎂🍰 Happy 100th Birthday Sir David Attenborough! 🎂🍰
Thank you for opening our eyes to the wonder and awe of our natural world, and for inspiring us to be curious about nature.



www.youngclimatewarriors.org



All Stars Cricket provides a fantastic first experience for all children aged 5-8 years old where they're guaranteed 8 weeks of jam-packed fun, activity and skills development. The programme is designed to introduce children to the sport, teaching them new skills, helping them make new friends and have a great time doing so.

Every child that registers will receive a personalised t-shirt, bat, ball and backpack.

Find your nearest club on the following link - <https://www.ecb.co.uk/play/all-stars>

What is Dynamos Cricket?

Dynamos Cricket provides a fantastic next step for all those graduating from All Stars Cricket and the perfect introduction for all 8-11 year-olds new to the sport!

Dynamos is all about fun and provides children with a more social offer, focusing on developing the fundamental skills required to play cricket.

We know how important it is to look like the heroes of the game, so every child who registers will receive their very own Dynamos Cricket t-shirt, personalised with their name and number.

Find your nearest club on the following link - <https://www.ecb.co.uk/play/dynamos-cricket>



Field Studies
Council

Blencathra

Holiday club

26th – 29th May 2026

This spring we are
inviting 8 -11 year olds to
join us here at the
Blencathra centre in
Threlkeld for a fun
packed week of activities!

Run by our experienced
field tutors you can
expect nature
exploration, adventure
activities and lots of fun!



For more information and to
visit our website scan the QR
code above



Fire Station Open Day

Workington

Join us for a **FREE** day of family fun with our firefighters — no need to book, just turn up!



Saturday 23 May 2026
10am–3pm



Moorclose Road
Workington
CA14 5BF



Live demos



See specialist vehicles



Meet emergency services



Food and ice cream



Raffle and games

Raising money for

