

Shine Together ☆☆☆

Issue 75

Our School Motto: Work Together, Aim High, Shine Bright

Attendance this week: 97.9% 😊



10th July '26

Sports Day - We are looking forward to welcoming you all into school next Monday afternoon for our annual Sports Day. Here is some information which will hopefully answer any questions you may have, especially our new Reception families.

- Gates will open no earlier than 1pm for parents, carers, siblings, grandparents etc.
 - Please feel free to bring your own chair (we will not provide chairs).
 - Children should come to school wearing their team colour PE kits.
 - If the forecast stays good, please apply sun cream to your children before they arrive in school and send them with a sunhat and WATER BOTTLE. If it's a wet day, please send your children prepared with a waterproof coat.
 - FOBDS will be providing refreshments of strawberries, cream and shortbread. Please bring cash if you would like to buy these. Please note this is not for the children. Not every family will be in attendance and we don't want anyone to be excluded. However, FOBDS are making a donation of ice lollies for all the children to have at some point in the afternoon. Thank you to them.
 - **BUS CHILDREN** – If your child usually gets the school bus on a Monday, we will assume they are going home with you after sports day unless you let us know by Monday lunchtime and we can cancel the bus.
 - **AFTER SCHOOL CLUB CHILDREN** – If your child usually goes into After School Club on a Monday, we will assume they are going into After School Club unless you let us know by Friday at 3.15pm (10th July).
 - Sports Day will last until approximately 3.15pm.
 - Pre-schooler's race – There will be a pre-schoolers race for those who want to take part.
- Fingers crossed the weather stays like this!

Golden Certificates...

This week golden t-shirts were awarded to Freya F in Reception, Sophie in Yr1, Harriet in Yr2, Riley in Yr3, Poppy F in Yr4, and Harry in Yr6. Year 5s were at Cockermouth School today. Well done everyone



DATES FOR YOUR DIARY

Monday 13th July – Sports Day

Tues 14th – Guitar lessons

Tues 14th – Yr2 French Club 3.15-4.15pm for those signed up with Emily the Language Tutor

Thursday 16th – Mrs Taylor's party food lunch. Please send children in their Formal Summer Clothes (hats & bow ties are an option!)

Fri 15th - Woodwind lessons

Friday 17th – Last day of term. Children can be collected at either 1.15pm or 3.15pm. Please collect them at one time or the other so we can organise an afternoon activity for the children in school to 3.15pm.

Wed 2nd Sept - BACK TO SCHOOL



Latest News

Yr3 & 4 Rounders Competiton at Cockermouth School – The children practiced their bowling, striking and fielding skills at Cockermouth School this week in a competition against the other local primary schools. We don't know the result yet but everyone enjoyed themselves in the lovely DRY weather 😊



OOSC Party – The children had a great time at our end of term party on Thursday and finally the weather was perfect.



FOBDS Corner – Thank you for coming to the Summer Fayre last weekend, despite the unseasonal weather! Thanks to your generosity, we raised a MASSIVE £1500! We are talking to school about how best to use the money for the benefit of all of our children. More on this soon. Have a lovely summer and see you for more fundraising next year.

School Dinners & Mrs Taylor retiring – We are having a special party food buffet on Thursday 16th July to celebrate Mrs Taylor's retirement. There will be a wide variety of food that day both meaty and vegetarian and plan to all eat outside together and have a big picnic. Please order by midnight on Wed 15th. Thank you.

Whole School Photo –Is still available to order here <https://http.st/WSG-16X8-E18508FBD9>

NEW GOVERNORS WANTED!

We are looking to recruit 2 new governors for our



BRIDEKIRK DOVENBY CE PRIMARY | 2025 - 2026

Governing Board at BDS.

One is for a Parent Governor and the other is for a Co-opted Governor (which means you don't need to have a connection to the school already).

Being a governor is a very rewarding position and doesn't take up too much time!

If you are interested, please contact our Clerk to the Governors clerk@bridekirkdovenby.cumbria.sch.uk or contact the office on 01900 829889

Letter from our Chair of Governors – Please see the letter on the next page from Silvana Hewitt, our Chair of Governors.

Our Christian Vision:

At Bridekirk Dovenby School, we nourish the uniqueness of our community. Rooted in love, a rich and diverse curriculum enables all to flourish and grow. Confident and secure, our children reach out, ready to embrace the seasons of life in all its fullness.

Psalm 1 "They are like trees, planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all they do, they prosper."

Newsletter from the Chair of Governors

Hello everyone!

Well, we're nearly at the end of term and the end of this school year. We have to say a sad farewell to 3 of our Governors. Firstly, Rev Roy Anetts, who has been on the Church and Community committee and played a very important role in linking our school and church. He will be remembered for his engaging enthusiasm, his humour and his calm wisdom. Secondly, we say goodbye to Philippe Kitchin, who has been a focused, clear-sighted member of the Finance Committee, with particular responsibility for Health and Safety and for working on the Vision and Strategy document for Governors and the Risk Register. Thirdly, we say goodbye to Fiona Taylor, a Co-opted governor who has been on the Governing Board for longer than anyone! Fiona has supported the governors with her experience and good humour and will be very much missed.

We have welcomed new governors too: Sam Varty as a parent governor on the Church and Community committee and Neil Pilling on the Finance committee. They are both very keen to contribute and show great capability in their roles.

However, we do need new governors so please consider if you would like to join us or if you know anyone who is not a parent here who would be interested.

A particular focus for us this term has been Personal Development and how the school encourages independence, resilience and confidence. Governors have been in to see subject leaders to ~~assess~~ understand how they incorporate these into lessons and then feed back to the whole Governing Board so we can have an oversight of school practices. It is clear from the governors' reports that our teachers do this really well and it greatly benefits the pupils' personal development.

Finally, I'd like to wish you all a great, fun-filled, safe summer holiday!

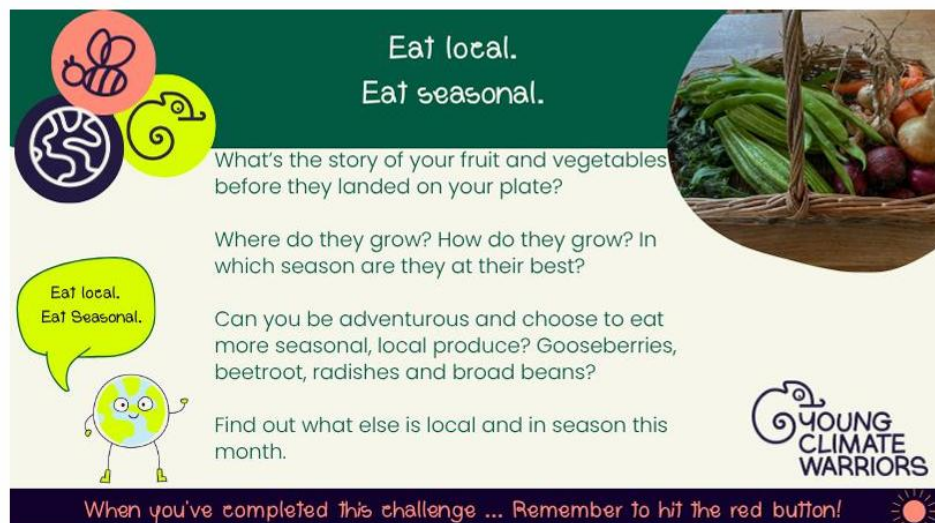
Silvana Hewitt (Chair of Governors)

In the UK we currently grow around 56% of the vegetables and 14% of the fruit we eat.

Wondering about carbon emissions related to food – here are the numbers shown in an easy-to-read bar chart.

Find out what's in season now with Hubbub's 'eating seasonally'

Transporting food by air emits 50 times more greenhouse gases than transporting by sea.



**Eat local.
Eat seasonal.**

What's the story of your fruit and vegetables before they landed on your plate?

Where do they grow? How do they grow? In which season are they at their best?

Can you be adventurous and choose to eat more seasonal, local produce? Gooseberries, beetroot, radishes and broad beans?

Find out what else is local and in season this month.

YOUNG CLIMATE WARRIORS

When you've completed this challenge ... Remember to hit the red button!



'Broad beans, broccoli, courgettes, fennel, french beans, lettuce, pak choi, peas, radishes, rocket, runner beans, spinach, watercress, wild nettles...'



www.youngclimatewarriors.org

Summer Reading Challenge 2026 – *Read to the Beat*

We're excited to share that the Summer Reading Challenge 2026 is just around the corner – and this year's theme is **Read to the Beat**!

Children are invited to visit their nearest library to take part in this fun, free activity that encourages a love of reading over the summer holidays.



How to Take Part

- It's completely **FREE**!
- All you need is a Cumberland Libraries membership – which is also free to join.

What's Involved?

To complete the challenge, children are encouraged to read **six books** of their choice during the summer holidays.

This can include:

- Fiction
- Non-fiction
- Poetry
- Joke books
- Picture books
- Graphic novels
- eBooks and eAudiobooks via **BorrowBox**, our free digital service.



Read and Collect!

- Collect themed Read to the Beat stickers along the way.
- Receive your own Summer Reading Challenge kitbag.
- Once completed, children will be awarded a medal and certificate to celebrate their achievement.

When Does It Start?

The challenge begins in all Cumberland Libraries on **Saturday 11 July 2026** and continues throughout the summer.

- **Mini Challenge** (for ages 0–3, alternative age-appropriate rewards)
- **Main Challenge** (for ages 4–11)

Find Out More:

- The Reading Agency: summerreadingchallenge.org.uk
- Cumberland Libraries: <https://www.cumberland.gov.uk/libraries-0>
- Facebook: <https://www.facebook.com/CumberlandLibraries/>

We hope children will join in and enjoy a summer full of stories, creativity, and fun!

The Summer Reading Challenge 2026: Read to the Beat, delivered by The Reading Agency in partnership with public libraries and powered by Universal Music UK.



Summer 2026 Holiday, Activities and Food Programme (HAF)

Provider	Venue	Ages	Booking link (Eequ)
Keswick Family Hub Summer of arts, craft, games, sport and fun	Keswick Family Hub , Trinity Way, Keswick, England, CA12 4HZ	5-11yrs	https://eequ.org/book/keswick-family-hub-summer-fun-with-family-hub-on-the-port-31709
All 4 Fun Bouncy Castles/Slides, interaction games, team and solo games and arts & Crafts.	Keswick School Multi Academy , Vicarage Hill, CA12 5QB	4-12yrs	https://eequ.org/book/all-4-fun-keswick-active-holiday-with-all4fun-31336
Carlisle United CST Football Camp	Keswick Football Club Crosthwaite Road Keswick CA12 5PY	5-13yrs	https://eequ.org/book/cufc-cst-soccer-school-at-keswick-fc-with-carlisle-united-community-sports-trust-30509
Derwent Hill Outdoor Centre Outdoor adventure Days	Derwent Hill Portinscale Keswick CA12 5RD	8-13yrs	https://eequ.org/book/derwent-hill-outdoor-adventure-days-with-derwent-hill-outdoor-education-and-training-centre-17241
Genius Tuition - workshops, sports and team games, creative arts & crafts	Christ Church Hall South St, Cockermouth CA13 9RU	5-14yrs	https://eequ.org/book/genius-holiday-club-cockermouth-with-genius-tuition-17285
Riversmeet Community Cooperative Family Day	Danaway Homestead, Eaglesfield, Cockermouth CA13 0RY	8-16yrs	https://eequ.org/book/riversmeet-family-day-at-danaway-homestead-with-riversmeet-community-cooperative-32213
Riversmeet Community Cooperative Nature Club	Danaway Homestead, Eaglesfield, Cockermouth CA13 0RY	5-16yrs	https://eequ.org/book/riversmeet-nature-club-at-danaway-homestead-with-riversmeet-community-cooperative-32211
Carlisle United CST Football Camp	Cockermouth School Castlegate Drive Cockermouth CA13 9HF	5-13yrs	https://eequ.org/book/cufc-cst-soccer-school-at-cockermouth-with-carlisle-united-community-sports-trust-30497
Cumberland Summer HAF Activities 2026 Full Programme	Cumberland - Wide	4-16yrs	<u>Eequ · After school. In place of school. Beyond school.</u>

Should you need any further information or support please contact: HAF@cumbria.gov.uk



**BEST
START
IN LIFE**



**Free for eligible
children**

Don't miss out! Book your summer HAF activities now

**Book your place today, visit
eequ.org/CumberlandHAF**



**Funded by
UK Government**

cumberland.gov.uk



Dear Parents/Carers,

Summer is the perfect time for children to have their eyes tested, any concerns can be addressed before school starts again for the new term.

As part of our ongoing commitment to provide comprehensive eye care and vision solutions, we are delighted to announce that our Colorimetry service and Myopia management are available at Specsavers Whitehaven and Specsavers Workington.

What is Colorimetry? Colorimetry is a highly specialised service designed to help individuals who experience visual discomfort or perceptual distortions, particularly when reading. This discomfort can sometimes be linked to visual stress, a condition that affects both children and adults.

How Can Colorimetry Help? Our new Colorimetry service involves using advanced technology to identify the precise colour tint that can help alleviate symptoms of visual stress. By wearing precision tinted lenses, many individuals experience significant improvements, including:

- Enhanced Reading Comfort: Reduced eye strain and fatigue when reading.
- Improved Focus: Easier and more prolonged concentration on text-based tasks.
- Better Visual Clarity: Relief from distortion of text.
- Support for Dyslexia and Other Learning Difficulties:

Some people with learning difficulties report improvements in reading speed and comprehension with colorimetry lenses. Is This Service Right for You or Your Family? If you or a family member experience difficulties when reading—such as headaches, visual distortions, or difficulty maintaining focus—our Colorimetry service may be beneficial. Our friendly and experienced team will conduct a thorough assessment to determine the best solution for your visual needs.

Book Your Appointment We invite you to contact us at 01946 598190 / 01900 601611 to schedule a Colorimetry assessment or learn more about this innovative service. Our team is here to answer any questions and guide you through the process.

Thank you for choosing Specsavers Whitehaven / Specsavers Workington for your vision care. We look forward to continuing to serve you and bringing you the latest advancements in optical care.

Warm regards,

Sam Mellon FBDO

Dispensing Optician

Samanth.mellon@specsavers.com

**CHANCE
CAMP**

Keep your child Active, Confident,
Smiling & Healthy in 2026

WWW.CHANCECAMP.CO.UK

DATES

MULTI SPORTS 21st July - 24th July

OLYMPICS (Individual) 27th July - 31st July

OLYMPICS (Team) 3rd Aug - 7th Aug

STRIKING & FIELDING 10th Aug - 12th Aug

INVASION SPORTS 17th Aug - 19th Aug



SCAN TO BOOK

Ages 4 – 14. DBS checked
& fully qualified coaches

**FLEXIBLE
BOOKING
SYSTEM IN
PLACE**





**Field Studies
Council**

Blencathra

Holiday club

10th– 13th of August 2026



This summer we are inviting 8 -11 year olds to join us at the Blencathra Centre, Threlkeld, for four individual days of activities: ghyll scrambling, orienteering, hill walks, bushcraft and more!



Run by our experienced field tutors you can expect nature exploration, adventure activities and lots of fun!



For more information and to visit our website scan the QR code above



CAMP CUMBRIA HOLIDAY CLUB

EXPLORE. LAUGH. PLAY

An unforgettable, high-quality school holiday club filled with fun activities, new friends, and exciting experiences in the local area.

SCAN ME



Cockerthwaite

FUN ACTIVITIES



Outdoor
Learning



Arts &
Crafts



Sports &
Games



STEM
Learning



Team Building &
much more!

5% OFF
for
siblings

(email for
discount code)

STARTS SUMMER 2026!
continues in School Holidays.
DATES ON BOOKWHEN SITE

- Ages 4 - 10 years old
- Prices from £33/day
- Times from 8.30-4.15 pm
- Spaces Limited each day
- Ran by Qualified Teachers and Teaching Assistants
- Fully DBS checked
- First Aid trained

JOIN THE ADVENTURE!

REGISTER NOW

Mobile: 07595 494 409

Email: campcumbriawest@gmail.com

Booking: www.bookwhen.com/campcumbria



camp_cumbria