Shine Together ☆★☆

Issue 84

Our School Motto: Work Together, Aim High, Shine Bright

Attendance this week: 96.7% 😊

6th November '26

Dove Cottage – P4 and P5 had a great time at Dove Cottage earlier this week. They learnt about William and Dorothy Wordsworth's life, had a tour of their beautiful home, Dove Cottage, explored the Gothic Writing exhibition and experienced a Frankenstein Drama Workshop! What a day! The children particularly enjoyed playing the different roles in Frankenstein and creating 'Freeze Frames' of different significant events in the play.

A memorable day out for all!





Thank you for your contributions which enabled this trip to go ahead. They are much appreciated.

Golden Certificates… There were no golden jumpers this week due to the Harvest Festival Assembly

DATES FOR YOUR DIARY

Sat 7th Nov – Open Day for 2027 starters

Mon 9th – Choir 3.15-4pm

Tues 10th – Nasal Flu Vaccines

Tues 10th – Yr3/4 Hockey Coaching in school

Tues 10th – Guitar lessons

Tues 10th – Ukulele lessons P3

Tues 10th – Yr3/4 Football after school club 3.15pm-4.15pm

Fri 13th – Woodwind lessons

Looking ahead…

25th November – 5.30-7pm Christmas Fayre

2nd Dec – 6pm KS1 Nativity Service

9th December – KS2 Panto at the Carnegie.

16th December – KS2 Theatre by the Lake trip

Dec TBC – KS1 Christmas trip

8th-12th Feb – P4 swimming lessons

22nd-23rd April – Yr2 Residential, Hawes End

28th – 30th April – Yr3&4 Residential trip, Derwent Hill

Contact us on: 01900 829889 admin@bridekirkdovenby.cumbria.sch.uk or sbm@bridekirkdovenby.cumbria.sch.uk

Latest News

Harvest Festival – We really enjoyed our Harvest Festival today in school despite the fact that we couldn't make it to St. Bridget's. The children sang their hearts out and made us all very proud. The teachers will be uploading a recording of their singing onto Seesaw so that you can all share in the experience. Thank you for your Foodbank donations too.





Pre-loved uniform – If you would like to pop into school for any pre-loved uniform, there is a lot in school at the moment.

Medication in school – If we hold medication for your child in school and you haven't checked the use by dates for a while, please can you come into school to check the dates. Thank you.

School Dinners – We have received a few messages this week about the changes to the food we are providing in school. We are listening and working with you to offer the best food that we can. If you have any more suggestions for meals or comments about school food, please get in touch with Mrs Beetham using the office contact details or our governor (who is also a parent), Leah Coe who is taking a lead on School Food, Leah@bridekirkdovenby.cumbria.sch.uk. Many thanks and more updates soon.



Lost Property – Are these yours?



FOBDS Corner - We are excitedly preparing for our Christmas Fayre which is happening on Wednesday 25th November in school from 5:30-7pm. This is always a great fundraiser and lots of fun is had by all.

FOBDS are holding a planning meeting via Zoom on Sunday 8th November at 4pm. Links will be sent out via Arbor and in Parent Whatsapp groups. If you would like to offer your help to help on a stall we would love to see you on Zoom. Let's all work together to raise money for our children and have a great time too.

Our Christian Vision:

At Bridekirk Dovenby School, we nourish the uniqueness of our community. Rooted in love, a rich and diverse curriculum enables all to flourish and grow. Confident and secure, our children reach out, ready to embrace the seasons of life in all its fullness.

Psalm 1 "They are like trees, planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all they do, they prosper."

HOW MUCH TOOTHPASTE FOR YOUR CHILD?

AP Smilestars

Get the right amount for their age!

Did you know that using the right amount of toothpaste is just as important as brushing itself? For the best protection, we always recommend using a fluoride toothpaste to keep those adventurous smiles strong and cavity-free! 💪🦷

To make it easy, here is our simple guide to getting the perfect portion for your child's age:

1. **0 to 3 years**
   Smear / grain of rice



2. **3 to 6 years**
   Small pea-sized



3. **Over 6 years**
   Larger pea-sized



well done

4. **Full strip**
   Never



☆ Top Tip from AP Smilestars: Spit, Don't Rinse! ☆

After brushing for two full minutes morning and night, encourage your child to spit out the excess paste, but avoid rinsing with water. Rinsing immediately washes away the active fluoride layer before it has a chance to coat and strengthen the enamel. Leaving that light protective shield on their teeth keeps them guarded against acids and decay throughout the day and overnight!

For more tips on supporting healthy routines and cavity-free smiles at home follow us @apsmilestars

ap smilestars

Free single beds and mattresses to families in need from Sleep Patrol

Sue O'Neil form Cumberland Council is working with an organisation that provide single beds and mattresses to children in the area of your School who may be in need of one free of charge.

There is an easy referral process to follow which Sleep Patrol would guide you through this.

If you have any families that would benefit from this project please get in touch on the email contact below:

info.sleeppatrol@gmail.com


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